

B.I.G. Tennis

Ages 10 & Under – Willow Glen HS



B.I.G. Tennis: Learn to play tennis and have fun with your friends! B.I.G. (Beginner/Intermediate Group) is an exciting new program to teach tennis, agility, balance and coordination fundamentals to kids age 10 & Under. Children 8 & Under use Red (low compression) balls. These balls are slightly larger than the traditional Yellow ball, one-quarter of the speed and don't bounce as high – making it easier to rally and have fun at a much quicker pace than traditional teaching methods.

Ages 8-10 use Orange balls, these balls are the same dimension as the Yellow ball but travel at only half their speed. Both the Red and Orange balls are designed to get the young player rallying, serving and playing points ASAP!

TIME: *Session I* - Saturday & Sunday mornings 9am-10am
Session II - Saturday & Sunday afternoons 12:30-1:30pm
Red/Orange groups will use separate courts

RATIO: Because of the self-discovery learning model of the R.O.G. system, traditional instructor-student ratios are not applicable; however, at least 4 instructors are present at each session.

REGISTRATION: Is offered on a monthly basis. New sessions begin the first weekend of the month. There are no classes Thanksgiving Weekend 11/28 & 11/29, Christmas Weekend 12/26 & 12/27. Please register for either Session I or Session II. You may be free to switch times.

To register, please visit: www.FourDirectionsTennis.net. Drop-ins Welcome!

COST: Monthly Rate \$175 (8 or more monthly classes); Individual Class Rate \$25
November & December Monthly Rate \$140 (6 classes)

EQUIPMENT: Please wear athletic shoes and comfortable clothing. Only bring water or liquid in a non-breakable container. Please note restrooms are generally NOT available.

QUESTIONS? If you have any questions, please contact Craig Pasqua, USPTA/PTR at (408) 590-7347, or email at craig@fourdirectionstennis.net



Coach Craig Pasqua,
USPTA at the 2010
Arthur Ashe Kid's Day
Festival

Teaching R.O.G.
Tennis at the US Open

